

## Yorkshire Urban League 2010

Date	Club	Venue
21 Feb 2010	HALO	<u>Beverley</u>
27 Mar 2010	EBOR	<u>Pickering</u>
23 May 2010	CLARO	<u>Ripon</u>
31 Feb 2010	EBOR	<u>York</u>
3 July 2010	EPOC	<u>Holmfirth</u>
4 Sep 2010	SYO	<u>Sheffield</u>
9 Oct 2010	AIRE	<u>Thornton &amp; Haworth</u>
10 Oct 2010	AIRE	<u>Otley</u>

The League is open to all competitors who are full members of BOF, although only YHOA members will qualify for Trophies. Enter any course/class for which you are eligible, and you will be automatically included in the league.

Your age class will determine which league you will be included in. There will be leagues for **Men's and Women's Junior (18-), Open, Vet (40+), Supervet (55+) & Ultravet (70+)**; at each race, the organisers will designate which classes should run which courses.

Given the nature of urban races, the provision of a junior class course, and any lower age limits for this or other courses, is at the discretion of the organisers.

**Your best 5 scores will count.** There will be a prize giving at the final event of the series. Trophies will be awarded to the leading YHOA member in each class.

### **Scoring**

1. Points will be awarded on each course (or class within a course) as follows: 100, 96, 93, 91, 90, 89, ... . If the last-placed finisher in a given class scores fewer than 10 points, then all scores in that class will be increased by a multiple of 10 points so that the last-placed finisher scores between 10 and 19 points. So in a race with 87 finishers, the score for last place would be augmented by 10 points from eight to 18 points, and the winner would get 110 points.
2. At any given race, a competitor may score in only one class. Unless specified otherwise beforehand, he (or she) will score in the lowest class for which he is eligible; for example, if W Vet and W Supervet share a course, a W55 would score only as a W Supervet. A competitor who runs a course above that designated for his class will score in the lowest class for which he is eligible, e.g. an M55 running up on a course designated for M Open, W Open and M Veteran would score only as M Veteran.