YHOA Junior Orienteering Squad

Report on activities and accounts for the year to 30 June 2019

Activities

Developing the squad

The focus this year has been on continuing to improve the quality of coaching and identifying juniors from all YHOA clubs as associate members with the aim that this will lead on to more juniors meeting the criteria for full squad membership. Both full and associate squad members are allocated a designated coach as squad mentor to be the first point of contact and to provide individual support and advice.

There was a second summer tour to Stockholm, Sweden in August 2019 which enabled many full squad members to experience training and competing in highly technical Scandinavian terrain for the first time and is in line with our commitment to run a summer tour every two years.

New full squad and associate squad members

During the year:

- Seven juniors have been invited to join as full squad members.
- 16 juniors have been invited to join as associate squad members and all but one of these new members are attending regularly, with three having already achieved the criteria for full membership.

The overall number of full squad members has increased to 33 and the squad is relatively strong in all age categories. Of the invitations to join as associate members, four of these have been from Airienteers, following recommendations from Lindsey King who is leading the junior coaching within that club.

Squad coaches

Three of our squad coaches Amanda Crawshaw, Neil Conway and Pete Tryner achieved the Level 2 coaching qualification. Speical thanks go to O Foundation for providing financial support for this and to Tony Carlyle who has provided the training and assessment at no cost. Pete Tryner and Neil Conway are now qualified to the equivalent of Level 3 as they have also completed remote areas training and the two day outdoor first aid course. (Squad coaches Jacky Dakin and Pauline Tryner are also qualified to Level 3). Paul Taylor, another regular squad coach, is close to completing his Level 2 qualification through SYO, with his final assessment to take place at Hawkshead this year.

Training activities

YHOA Junior Squad training has continued on a monthly basis where possible, with a squad calendar sent out in the Autumn covering the draft dates for the next 12 months and then updated through the year. Training has been varied and timings and locations have been aimed at preparing for key races such as the British Long Distance Champs. It was particularly difficult to find space in the orienteering calendar in 2018-19 and this meant there were fewer training days that associate members were able to attend compared to the previous year. We have increased the number of training days for associate members in 2019-20.

Following on from the success of previous years, the focus of the January training weekend was on planning for the year with both full and associate squad members attending including some new members.

The highlight of the year was the open weekend with North-West, North-East, East Midlands and West Midlands Junior Squad, with 75 juniors and 28 coaches attending in total. These open weekends allow the sharing of resources, manpower and costs and are a good opportunity for juniors to meet those from other regions. There is a report on the weekend on the junior page of the YHOA website and also a video on You Tube of the relay event at Malham Tarn House.

Once again Cat Taylor joined us on our training during the year to assist with coaching. Joe Woodley from ShUOC assisted at the Malham weekend, helping out with coaching, shadowing and control hanging. We have also been assisted with coaching by Tony Carlyle, in addition to the support he has provided to our trainee coaches as above.

Summary of training for 2018-19:

Date	Location	Full Squad	Associates	Total Juniors
July 2018	West Haigh	10	1	11
September 2018	Newborough	23	n/a	23
November 2018	Skipwith	10	3	13
January 2019	Nell Bank (weekend)	25	14	39
February 2019	Lakes (weekend)	22	n/a	22
April 2019	Malham (open weekend)	25	n/a	25
May 2019	Lakes (weekend)	14	n/a	14
June 2019	Danefield	14	7	21

Hawkshead 2018

Five Yorkshire juniors and two coaches attended the weekend aimed at M/W16s. This was as always a successful weekend and is a good experience for the coaches due to the opportunity for coach development and networking with other regional squads. The YHOA Junior Squad now have four coaches qualified to level 3 which is required in the technical and remote Lake District terrain and so the squad is able to support its own athletes at the weekend.

YHJS 2019 summer tour

After the 2017 tour, the Yorkshire Junior Squad made a commitment to running an overseas summer tour every two years. This year's tour was once again in Stockholm and ran from 23 August to 2 September, with 20 juniors and 8 coaches attending. Although the accommodation was at a new venue, Hellas OK club hut at Lissma and not OK Ravinen club hut where we stayed in 2017, a great deal of support was once again received from Nick Barrable (SYO and OK Ravinen member based in Stockholm).

Competitions and selections for junior tours

In the 2018 JIRCs, held last September, the YHOA Junior Squad fielded a full team but was once again third behind Scotland and North-West. The aim for 2019 as always is to beat North-West and this year we have a full team and some strong juniors in each age category.

Once again, there has been a strong representation of the YHOA Junior Squad in the selections for competitions such as World Schools, Interland, JHIs, EYOC and JEC. There have also been some excellent results in this year's British championship competitions and the JK, with several JK and British Champion titles now held by squad members.

Three YHJS juniors reached the required standard and were selected for Lagganlia, the JROS training camp for M/W14s. Two juniors were selected for this year's M/W16s JROS training camp in Deeside. One YHJS junior attended Stockholm and three attended Gothenburg (plus one former squad member).

One squad member attended the pre-JWOC 2019 camp as part of the GB Talent Squad. Three squad members have been selected for the GB Talent Squad for 2019-20.

Social media

The junior page of the YHOA website (see link below) has included several reports from squad members during the year. As in previous years, Vince Grealy has supported the squad by maintaining the junior page.

YHOA Juniors webpage

There is a squad Facebook group which is used to report on squad activities and other news. This is a closed group and can only be accessed by invitation. This continues to be a good way of keeping parents and juniors updated, such as sharing maps and coaching information.

Further developments

The following proposed developments are priorities for the squad as follows:

- Continue to improve the quality of training and coaching, following on from the qualification of 4 squad coaches
- Build on links with other squads through shared training and open weekends
- Increase associate squad membership invites to juniors outside of SYO
- Develop the information on the squad webpage and social media

Training plans for 2019-20

The draft squad planner for 2019-20 was published in July 2019 and includes seven training dates for associate and full squad members. Plans have already been made to join with East Midlands Junior Squad for a training weekend in the new year.

The first weekend training in 2020 will, as with this year, be open to full and associate members and focus on planning and working with squad mentors.

Request for funding from YHOA

The YHOA Junior squad formally requests £500 in funding from YHOA for 2019-20 as reflected in the draft budget below. This funding is needed in order for the squad to continue on the current basis, whilst allowing any money raised through fund-raising activities to be ring-fenced for squad tours which will take place every two years.

Financial accounts

The accounts, summarised below, show the income for the period and the cumulative funds at 30 June 2019. The accounts have been examined by the YHOA Treasurer, John Butler, who is satisfied these agree to the underlying records.

2018-19 Profit and loss account

	2018-19 Budget £	2018-19 Actual £	Diff £
Income			
YHOA grant	750	750	0
Other funding and donations	0	0	0
Fundraising	750	1,097	347
Total income	1,500	1,847	347
Expenditure			
Equipment	50	13	37
Training costs - one day	(50)	(41)	(9)
Training costs - weekends	450	(593)	1,043
Hawkshead (M/W16s weekend)	225	255	(30)
JIRCs – Derbyshire	160	154	6
Subsidised squad tops	115	253	(138)
Other	50	24	26
Total expenditure	1,000	65	935
Net profit	500	1,782	1,282

A grant of £750 was received from YHOA for 2018-19.

The amount raised through cake stalls and other fundraising activities totals £1,097, including sales of O'tops at the British Champs which raised £681. These funds are raised predominantly for the squad summer tours which, as above, run every two years.

Costs in the year included a subsidy for the Hawkshead weekend for M/W16s which covers the full cost of the three coaches and a £15 contribution for each of the 5 athletes who attended (£255 in total). Also included is subsidy of £154 towards the travel and accommodation costs for JIRCs 2019. This subsidy is significantly less than in previous years due to the location in Derbyshire.

The one-day training events and training weekends have covered their costs, however, the funds provided by YHOA allow us to keep the costs low even if the attendance is lower than expected. Charges for

weekends are capped at £15 per junior where accommodation is a village hall and £25 for bunk accommodation.

Squad tops are offered to all existing full squad members at a reduced cost of £15. The total subsidy was £253 which was higher than the budget of £115, due to some tops ordered for stock.

The overall surplus for the year is £1,782, compared to an expected surplus of £500. This is due to fund-raising income exceeded budget and the Malham weekend making a modest profit due to higher than expected attendance (refunds were made to the other squads so the total cost per person was £23.50 for the weekend).

Summary statement of income and expenditure at 30 June 2019

Total squad funds at 30 June 2019 are £4,548. This is split between ring-fenced funds, which have been generated from the fundraising activities of squad members, and other funds as follows:

	30-Jun-19	30-Jun-18
Accumulated funds b/fwd	2,766	4,523
Surplus/ (Deficit) for year	1,782	(1,756)
Accumulated funds c/fwd	4,548	2,766
Split of funds:		
Ring-fenced (fundraised)	2,277	1,180
Other	2,271	1,586
	4,548	2,766
Represented by:		
Bank and cash	3,758	3,158
Sundry Debtors/(Creditors)	790	(261)
	4,548	2,766

2019-20 draft budget

The budget below has been prepared on the basis of continued funding from YHOA. As in previous years, this funding is extremely important to the YHOA Junior squad and has made it possible for the squad to put on a full programme of training with a limit on the charge to participate, to subsidise juniors attending regional training events and competitions and to encourage new and existing junior members to participate, especially as the squad continues to increase membership through the associate member entry route.

Income	**£**	**£**
YHOA grant	500	
Fundraising (ring-fenced)	1,000	
Total income		1,500
Expenditure		
Equipment	50	
Subsidy for Hawkshead weekend for 16s	345	
JIRCs weekend	156	
One day training	(50)	
Weekend training	450	
Subsidised squad tops	100	
Contribution to squad tour from ring-fenced funds	2,000	
Miscellaneous expenses	50	
Total expenditure		3,101
Expected net income/(loss) for 2019-20		**(1,601)**

	£
Balance b/f at 1 July 2019	**4,548**
Budgeted net income/(loss) for 2019-20	(1,601)
Expected balance c/f at 30 June 2020	**2,947**
Split of funds	
Ring fenced (raised through fundraising)	1,277
Non-ring fenced funds	1,670
	2,947

There are a number of significant expected costs during the 2019-20 as follows:

Although the financial position for training events in 2018-19 was a small surplus, this can vary depending on permission costs as well as numbers attending, particularly for weekends where there are higher fixed costs. In addition, with many juniors in the squad coming from families who are not regular orienteers, there is often difficultly in providing sufficient transport to training weekends. The budget therefore includes amounts to partially cover the cost weekend training including a subsidy for minibus travel to weekend training outside of Yorkshire if required. This allows us to cap the cost of training weekends.

The costs of one-day training are minimal and only a contribution to map printing costs is charged, to encourage as many juniors as possible to attend training on a regular basis.

Also included in the budget is a subsidy for the Hawkshead weekend for the M/W16s. As in the previous year, we propose to cap the cost per junior at £60 compared to full cost of £75 and it is expected that eight juniors and three coaches will attend.

As this year's JIRCs are in Sheffield, there are no travel costs or Friday night accommodation so juniors will only pay the basic JIRCs charge of £54. This is less than the charge of £75 in previous years where the JIRCs was held further afield and heavily subsidised. The budget for the current year is for the cost of the four adult coaches.

The cost of the 2019 summer tour is £2,000 (£100 for each of the 20 juniors attending) and will be taken from ring-fenced funds raised by squad members.

There is a budget for the subsidy of squad tops for new full squad members of £100, based on a increased contribution to a squad top of £15.

The expected loss for 2019-20, after taking into account the requested YHOA grant and estimated fundraising, is £1,601.

Natasha Conway
YHOA Junior Squad Coordinator

17 September 2019